



MOVE PLAY & LEARN

Toddlin' Parade

Age 18 months and older

Materials Imagination, music

Setting Indoors or outdoors

Description Young children delight in a parade. Make some fun hats and play upbeat music. Lead children in walking along to the music. Encourage different movements such as marching, jumping and galloping. Let children try simple instruments such as wrist bells or maracas.

Learning Outcomes

Movement The toddler shows increasing body control and enjoys creative movement. He or she dances to music and songs.

Large Motor Skills The toddler plays actively in both indoor and outdoor settings. He or she participates in a variety of gross motor activities and demonstrates coordination, balance and body awareness.

Music The toddler shows interest and participates in music activities through gestures, movement and dancing. He or she expresses self creatively to variations in music such as changes in rhythm, volume or temp. The toddler enjoys producing music with instruments and singing simple songs. He or she enjoys repetition of favorite songs and other musical experiences.

Did You Know? SHAPE America recommends that caregivers plan structured activities that offer a wide variety of movement patterns. Caregiver should plan structured activities and movement opportunities throughout the day with particular attention to the daily routine. Activities should engage the toddler in a variety of *positions* (i.e. seated, standing, kneeling, etc.) and *movement patterns* (i.e. walking, running, jumping, throwing, catching...).

TODDLERS